

Ednaldo Antonio dos Santos

Stuttgart - Germany

Phone: +49 157 54239376

contact@ednaldomusictherapy.com



Languages:

- Portuguese (Brazilian): Native language
- Spanish: B2
- English: B2
- German: B2

Personal Summary:

As a dynamic and creative professional, my specializations lie in percussion instruments and the treatment of psychological disorders. My work aims to foster cognitive, psychomotor, and emotional development on affective, social, sensory, spatial, and linguistic levels. In my role as a qualified music educator and music therapist, I have extensive experience in clinical patient care and educational work with students, both with and without disabilities. My focus is on applying innovative therapeutic approaches and teaching methods to support individual development goals.

- **Workshops and Course Leadership:** Experienced speaker for workshops and courses in schools, companies, and non-profit organizations, with a focus on tailored educational and interactive programs for diverse target groups.
- **Music Therapy in Clinical Practice:** Specialized as a music therapist in the rehabilitation of patients with disabilities, including techniques such as improvisation, play, composition, and sound perception. Experienced in relaxation techniques with music and progress evaluation through practical and written tests.
- **Music Education:** Dedicated music teacher for general music instruction, music theory, guitar, percussion instruments, and choir singing. Competencies include developing teaching materials, planning and conducting lessons, founding choirs and bands, providing individual and group instruction, and documenting student progress.
- **Professional Musician:** Active participation in orchestras, bands, and theater companies, bringing my musical skills and passion for the performing arts.

Academic Background:

10/2018-03/2022: **Doctoral Studies:** Promotion of Autonomy and Social Assistance for Dependency – University of Valencia (Spain) (Not completed due to the COVID-19 pandemic)

09/2017-09/2018: **Master's** in Music Therapy. Catholic University of Valencia. (Spain)

2016-2017: **Bachelor's in Music.** Universidade Sant'Anna. (Brazil)

2013-2016: **Specialization in Symphonic Percussion.** Fundação das Artes de São Caetano. (Brazil)

2013-2014: **Master's in Music Therapy:** Focus on Hospital and Corporate Music Therapy. Metropolitan Unidas das Américas University. (FMU)

2010-2013: **Bachelor's in Music Education.** Universidade Sant'Anna. (Brazil)

Additional Courses/Updates:

"Musical Health Development Services (John A. Carpenter) Individual music-centered assessment profile for neurodevelopmental disorders (IMCAP-ND) Introductory Training Level 1

ADIM - Counseling, Development in Music Therapy Research (Diego Schapira) Music Therapy Perspective Multimodal Approach to Pain Relief (Entrainment)"

Professional Experience:

03/2024 - Current **Tagesklinik Bernsteinstraße**

Music therapist: Child and adolescent psychiatry

02/2023 - 02/2024: CVJM - Esslingen

Federal Volunteer Service for over 27-year-olds (BFD): Social work with children and adolescents.

2014 – 2023: Mudora Music Therapy (Self-employed)

Music therapist for patients with autism, Down syndrome, multiple sclerosis, ADHD, cerebral palsy, West syndrome, oppositional-aggressive disorder, depressive disorders, intellectual disabilities, and undiagnosed illnesses, etc.

06/2022 - 01/2023: Matheus Alvares Clinic

Music therapist: 54 autistic patients per week aged 2 to 18 years.

08/2020 - 04/2021: Sandra Fencl

Internship for young entrepreneurs: Personnel management, creation and management of digital content, corporate management.

02/2018 - 07/2020: Music Fit Fun

Music teacher and music therapist: People with and without disabilities aged 3 to 18 years.

07/2016 - 2019: Faculdade Integrada Sagrado Coração de Jesus (FAINC)
Lecturer for the specialization course in music: Neuropsychomotor development using percussion instruments and body percussion.

03/2015 – 07/2017: Escola Jacinto do Amaral Narduci
Music and art teacher: Primary and adult education (EJA).

06/2015-02/2017: Espaço Pedagógico de Artes (EPA)
Advisor: School administration consulting. Music teacher: For children with physical and cognitive impairments.

03/2015-07/2016: Colégio Irmã Catarina SCS
Worked as a music teacher and music therapist for children with disabilities in primary school.

2013-11/2016: Bem Space Arte Ltda.
Music therapist and speaker: Courses and training in companies.

07/2013-11/2014: Non-Governmental Organization - Clave de Sol
Music teacher: Music, percussion lessons, and organization of a symphony orchestra with socially vulnerable children and adolescents.

04/2012-2013: Savioli Primary School
Music teacher: Primary school grades 1 and 2. Development of musical activities, body expression, instruments, and music practices.

03/2012-01/2013: Externato Elvira Ramos
Music teacher: Primary school grades 1 and 2. Development of musical activities.

Participation and Attendance at Conferences and Symposia:

2025:

Hamburg University of Music and Drama (HfMT Hamburg) and MSH Medical School Hamburg

- Presentation: *13th European Music Therapy Conference*

37th Music Therapy Research Workshop – 2025

- Presentation: *Perspectives on Social Inequality from Music Therapy and Medicine*

2024:

Akademia Muzyczna im. Karola Szymanowskiego w Katowicach
- Theme: "International Conference „Breath, Music and Music Therapy" (participant)

2023:

Akademie für angewandte Musiktherapie Crossen
- Theme: "Professional law and practical reality in music therapy in Germany" (participant)

****2022:****

University UniSantanna Conference

- Oral communication: "The Various Perspectives of the Profession"

****2021****

IV Seminar on Inclusive Special Education: Entre olhares, Saberes e Reflexões / XV Licentiate Week

- Oral communication: "Interfaces and Antagonisms: Music Therapy from Theory to Practice and Inclusive Music Education"

****2020****

XX National Meeting on Music Therapy Research

- Oral communication: "Brazilian research abroad"

****2019****

VII National Congress on Music Therapy (Spain)

- Oral presentation: "Music therapy for psychomotor stimulation of people with multiple sclerosis"

IV Ibero-American Congress on Music Therapy (São Paulo/BR)

- Oral communication: "Preventive music therapy: Self-care and humanization in academia"

I Congress on the Humanization of Healthcare (Valencia/ES)

- Poster: "Contributions of music therapy to the social integration of women with multiple sclerosis"

I Conference on the Growing Importance of Music Therapy (Alicante/ES)

- Workshop: "Rhythm patterns for improvisation"

****2018:****

IV International Congress on Hospital Art (Denia/ES)

- Oral communication: "Conducting music therapy for stress reduction in a hospital environment"

II Congress of Researchers on Rare Diseases (Valencia/ES), (participant)

****2017****

III Ibero-American Congress on Music Therapy (Valencia/ES), (participant)

II International Congress on Intercultural Education and Human Rights (Valencia/ES), (participant)

II International Congress on Poverty, Hunger, and Sustainability (Valencia/ES), (participant)

VI World Brain Week (São Paulo/BR)

- Workshop: "The importance of music for neurological development"

X APAES Congress (Rio Grande do Sul/BR)

- Workshop: "Musical activities for children with disabilities with a therapeutic and educational approach"

****2016****

I Conference on Music Therapy and Pain Relief: Perspectives of the Multimodal Approach (Curitiba/BR) (participant)

II International Congress and VII National Congress on Learning and Teaching Difficulties, Neuroscience, School, Family, and Society (São Paulo/BR)

II Meeting on Musical Education and Inclusion: Music Education and Contemporary Challenges (Recife/BR)

- Workshop: Music games for the holistic development of children and adults with disabilities

IV Scientific Conference on Integrated Care Concepts UNIFESP (São Paulo/BR) (participant)

VIII National Meeting of Music Therapy Students. UFMG (Minas Gerais/BR)

- Workshop: Music therapy for psychomotor development in patients with West syndrome

****2015****

I Scientific Conference for Music São Paulo (São Paulo/BR)

XVIII Congress of Production and Scientific Initiation Methodist (São Bernardo do Campo/BR)

- Oral communication:: Organizational music therapy: An escape in times of crisis

[**Interviews, Panel Discussions, Programs, and Comments in the Media:**](#)

- The Influence of Music on the Brain. 2017. (Radio program/interview).

- The Benefits of Music Therapy for the Physical and Mental Health of Seniors. 2016. (Live TV interview).

[**Books:**](#)

- Dos Santos, E. (2025). 101 Questions and Answers on Music Therapy: For Educators, Therapists, Healthcare Professionals, and the Curious Who Know That Music and Care Belong Together.
- Dos Santos, E. (2023) Music Therapy in Combating Psychological/Neurological Illness in University Students. In: Neuroscience and Music: Research, Health, and Education. Louro, Viviane (ed.). São Paulo: Editora UNIFESP, 2023. p. 123 - 127.
- Dos Santos, E. Louro, V. (2016) Music, Intelligence, and Inclusion. In: Music and Inclusion Multiple Perspectives. Louro, Viviane (ed.). São Paulo: Editora Som, 2016. p. 147-164.

Articles:

- Dos Santos, E., Marchant, E., Niguez, M A., Oliver, A. (2019) Efeitos da musicoterapia na depressão e transtorno de ansiedade. *Pesquisa de Vida*. Vol.2 (2): 64-70 Disponível em <https://www.tmrjournals.com/lr/EN/10.12032/life2019-0425-003>
- Dos Santos, E., Marchant, E. S., Níguez, M. A. O., Oliver, A. (2019) Contribuciones da musicoterapia na inclusão social de mulheres com esclerose múltipla. In: *Acta del 1 Congreso de Humanización de la Asistencia Sanitaria 1CHAS*, p.20. Valencia, Espanha. https://www.researchgate.net/publication/334131827_Contribuciones_de_la_musicoterapia_en_la_inclusion_social_de_mujeres_con_esclerosis_multiples
- Dos Santos, E., Sinegaglia, M. I. (2018) Performance da musicoterapia na redução do estresse no ambiente hospitalar - Revisão Sistemática. In: *4º Congresso Internacional de Espaços de Arte e Saúde*. Denia, Espanha. https://www.researchgate.net/publication/335334104_Actuacion_de_la_musicoterapia_en_la_reduccion_del_estres_en_ambito_hospitalario
- Dos Santos, E., Louro, V. Neurociência como ferramenta no processo de aprendizagem musical e desenvolvimento global de pessoas com transtornos do espectro autista: um relato de caso. http://www.cadernosdapedagogia.ufscar.br/index.php/cp/article/download/104_3/381
- Dos Santos, E. (2016) Diálogos entre educação musical especial e musicoterapia: Jogos e atividades. *2º Encontro de Educação musical e inclusão* - UFPE. disponível em https://www.researchgate.net/publication/324482947_Actividades_musicales_para_ninos_con_discapacidades_con_enfoque_terapeutico_y_pedagogico
- Dos Santos, E. (2015). A importância da educação musical para pessoas com deficiência. *XVIII Congresso de Produção e Iniciação Científica Metodista*. https://www.researchgate.net/publication/332805997_A_importancia_da_educacao_musical_para_pessoas_com_deficiencia_The_importance_of_music_and_education_for_people_with_disabilities
- Dos Santos, E. (2015). Musicoterapia organizacional: Uma saída em tempos de crise. *XVIII Congresso Metodista de Iniciação e produção científica - XVII Seminário de extensão - XII Seminário PIBIC/UMESP*. Universidade Metodista de São Paulo. Disponível em <https://www.metodista.br/congressos-cientificos/index.php/CM2015/ICE/paper/view/7597>
- Dos Santos, E., Louro, V., Caramujo, A. M. (2013) Projeto de implantação: Musicoterapia na aprendizagem musical com crianças em situação de risco social. (Trabalho de conclusão do curso de pós-graduação em musicoterapia). São Paulo, Brasil.

[https://www.researchgate.net/publication/335335486_Musicoterapia_na_apre
ndizagem_musical_com_criancas_em_situacao_de_risco_social](https://www.researchgate.net/publication/335335486_Musicoterapia_na_aprendizagem_musical_com_criancas_em_situacao_de_risco_social)

Music experience:

2024 - Current: VIA Kirche - Percussion and drums

2023 - Current: CVJM Worship Band - Multi-Instrumentalist

2018 - 2022 Duo Enarmonia - Guitar

2018 - 2022 Musical Union Society of Fishermen Cabanyal - Symphonic Percussion

2017 - 2019 Ester La Gaia - Multi-instrumentalist

2014 - 2017 Cia Mia Gato Theater Group Multi-instrumentalist and actor: playful activities with music, dance and theater to encourage interaction between parents and children.

2013 - 2017 Theater Group Opera Comica Musician: Itinerant theater for children in public and private spaces and schools, with the aim of facilitating access to culture and stimulating thought on various social issues.

2013 - 2017 Orquestra Joven de la Fundación de las Artes de San Caetano del Sul Classical percussionist: presentation in various theaters in the state of São Paulo (Brazil), performing various works from the baroque to the contemporary period.

2010 - 2016 Coral da Petrobras Barítono and assistant director: Presentation at social and cultural events in various cities of Brazil

2012 - 2013 Symphonic band of Tabajo da Serra Classical percussionist: execution of various percussion instruments.

2012 - 2013 Bigband Sesc Vila Mariana Soprano and alto saxophone: jazz and Brazilian music repertoire.

2006 - 2008 Municipal Choir of Guarujá Barítono: Classic and popular repertoire.

2002 - 2006 Guitar orchestra of the city of Guarujá Classical guitarist.

Volunteering:

****01/2017 – 2022** Scholas Ocurrentes (Spanien)**

Facilitator in the process of integrating students from public and private schools, of all religions in order to educate young people in the commitment for the common good.

****02/2018 – 2022** Musician for health (Spanien)**

Microconcerts where you interact with patients in hospitals and social health centers.

****04/2015-07/2016** Brazilian Multiple Sclerosis Association (ABEM) (Brazil)**

Musiktherapie in der Rehabilitation von Patient*innen mit Multiple Sklerose.

****04/2011-07/2014** **Educasamba Project** (Brazil)**

Social project to bring culture closer together through musical workshops in extremely poor neighborhoods. Research on the Brazilian popular musical history and its composers; montages of Power Point; Preparation and editing of videos, repertoires. Administrative development and administration.

****02/2009-12/2010** **Espírito Santo Catholic Church** (Brazil)**

Music teacher: choral singing. Choral activity with children at social risk between 7 and 14 years old.

****03/2002-12/2008** **E.E. Jacinto do Amaral Narducci** (Brazil)**

Music teacher with children and adolescents at social risk between 7 and 17 years old.

Computer skills and new technologies:

- Microsoft Office: advance level.
- Software of the music: Finale; Garage band; MuseScore; Encore; Adobe Audition; Braile fácil (writer score for blind people).
- Software of data management and analysis: SPSS. Intermediate level.
- Software for education: Photoshop: Knowledge basic; Cavan: intermediate level; VideoScribe: intermediate level; PowToow: knowledge basic; SlideShare: intermediate level; After Effects: intermediate; Illustrator: Basic; Animator: intermediate.

Last update - 01/2026